

# CALL MIA

MINOR INJURY ASSESSMENT



**CALL MIA ON  
07977 246 848  
(11AM – 7PM)  
FOR VIDEO  
CONSULTATION**

**NHS Lothian are now offering a Minor Injury Assessment by video call in your own home. Our aim is to provide timely assessments, advice or treatment for our patients.**

## Types of Injuries that **ARE SUITABLE** for the Call MIA service

- Strains, sprains and suspected broken bones
- Wounds and Burns
- Musculo – skeletal conditions (joints, ligaments, muscles, nerves, tendons)

## Types of Patients **NOT SUITABLE** for the Call MIA service

- Injuries from a week ago or more
- Patients who are seeking a second opinion
- Those who require emergency care for example chest pain (**CALL 111**)
- Patients less than 1 year old

The assessment will be carried out by a specialist Nurse Practitioner from the Minor Injury Unit using secure video consulting software. This software is private and confidential. If the Nurse Practitioner decides it is best for you to come into the Minor Injuries Clinic a speedy appointment will be made for you.

The nurse will ask you questions, perhaps look at your injury and advise you on the right next steps for you. These may be:



**Self Care Advice**

**Attend Minor Injury Unit next day**

**Attend Minor Injury Unit same day**

**Advised to use local services such as pharmacy**

**People are at the centre of what we do, making sure that you get the right treatment in the right place for the best outcome.**